



Charity Reg No: 222458

c/o 2 Brookfield Cottages
The Strand
Lympstone
Exmouth EX8 5ES

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Booking Form for APR Retreat led by APR President, the Rt Revd John Stroyan, Bishop of Warwick at Shallowford House, from 31st October to 2nd November 2023

Please complete the form below, and return to the APR Administrator at the above address, or fill it in online and return it by email to promoting.retreats@gmail.com.

The Retreat will cost £240 per person (for 'early-bird' bookings made before 30th April 2023), and £250 per person thereafter, which will cover all your meals and accommodation expenses; all the rooms have en-suite facilities. Please note that the Retreat will conclude with lunch on Thursday 2nd November, after which you are invited to stay for the APR Annual General Meeting at 2pm.

A **deposit of £50 per person** is required with each booking, with the balance payable no later than 15th September 2023. If it is easier, you may, of course, pay the full amount at the time of booking! Please make cheques payable to: 'The Association for Promoting Retreats', or send the money by Bank Transfer (BACS) to the Association for Promoting Retreats (APR) account at Lloyds Bank, 98 Victoria Street, London SW1E 5JL, Sort Code 30-90-69, Account Number 00024148. Please reference your payment with your surname, and please note that deposits are non-refundable.

Your details (Please print)

Full Name

Address

..... Post Code

Tel. No E-mail address

Payment (Please circle your answer)

I enclose a cheque / have made a Bank Transfer for £50 £100 £240 £250

About your accommodation (Please circle your answer)

Single Room / Double Room / Twin Room (all have en-suite facilities)

I would like to share with

Special Requirements

Please note any dietary needs

Any other specific needs

Do you have any allergies? If so, please give details

Signed

Date