



Leading a Beginners' Retreat

Experience a Christian retreat as though for the very first-time – and pick up valuable tips for leading and running your own Retreat for Beginners when you get home!

Led by Alison Christian

at St Katharine's Parmoor

from Friday 22nd – Sunday 24th October 2021

Cost: £205 per person (includes all your meals; all rooms are en-suite)

Booking forms are available online at www.promotingretreats.org
or directly from the APR Administrator

Tel: (01395) 272243 or email: promoting.retreats@gmail.com



Time for teaching and discussion during a Quiet Day at the Society of Mary and Martha, Sheldon, Devon



Gathering for worship in the chapel of the Retreat House, Pleshey, near Chelmsford



Informal group session at Rydal Hall, Cumbria