



Charity Reg No: 222458

c/o 2 Brookfield Cottages  
The Strand  
Lympstone  
Exmouth EX8 5ES

Email: [promoting.retreats@gmail.com](mailto:promoting.retreats@gmail.com)  
Tel: (01395) 272243

## Booking Form for APR 'Leading a Beginners' Retreat' Weekend

led by Alison Christian

St. Katharine's Parmoor, 22<sup>nd</sup> to 24<sup>th</sup> October 2021

Please complete the form below, and return to the APR Administrator at the above address, or fill it in online and return it by email to [promoting.retreats@gmail.com](mailto:promoting.retreats@gmail.com).

The Retreat will cost £205 per person, which will cover all your meals and accommodation expenses. All the rooms have *en-suite* facilities, and will be allocated on a first-come first-served basis.

A **deposit of £50 per person** is required with each booking, with the balance payable no later than 24<sup>th</sup> September 2021. If it is easier, you may, of course, pay the full amount at the time of booking! Please make cheques payable to: 'The Association for Promoting Retreats', or send the money by Bank Transfer to the Association for Promoting Retreats (APR) Account at Lloyds Bank, 98 Victoria Street, London SW1E 5JL, **Sort Code 30-90-69, Account Number 00024148**. Please reference your payment with your surname, and please note that deposits are non-refundable.

### Your details (Please print)

Full Name .....

Address .....

..... Post Code .....

Tel. No ..... E-mail address .....

### Payment (Please circle your answer)

I enclose a cheque / have made a Bank Transfer for                    £50                    £205

### About your accommodation

Following the government's latest Covid-safety guidance, we can only offer single *en-suite* rooms at this time. However, if you come as a co-habiting couple, there may be twin rooms available at £390 per room. Please contact the APR Administrator at the time of booking if you need one of these.

### Special Requirements

Please note any dietary needs .....

Any other specific needs .....

Do you have any allergies? If so, please give details .....

Signed .....

Date .....