



Charity Registration No: 222458

The APR was founded over a hundred years ago to promote the development of the Christian life through retreats, particularly within the Anglican Communion.

Today we remain committed to that mission, serving alongside groups from different church traditions to promote the value of retreats; for individuals, for the Church, and for society as a whole.

This leaflet describes how you can be a part of what we do. There's lots more information on our website:  
**[www.promotingretreats.org](http://www.promotingretreats.org)**

**Association for Promoting Retreats**  
c/o 2 Brookfield Cottages, The Strand,  
Lympstone, Exmouth EX8 5ES  
Tel: 01395 272243  
Email: [promoting.retreats@gmail.com](mailto:promoting.retreats@gmail.com)

President: Rt. Revd. John Stroyan  
Chair: Revd. Barry Preece  
Administrator: Ms Demelza Henderson

**Please apply online at [www.promotingretreats.org](http://www.promotingretreats.org) or post us your application using the form on the next page of this leaflet**

#### **APR aims to**

- Encourage the exploration of different expressions of Christian spirituality and facilitate its renewal and growth;
- encourage training in retreat leadership and spiritual direction;
- promote the value of retreat, and the work of retreat houses;
- encourage the provision of opportunities for quiet and reflection within the context of everyday life.

#### **An Anglican voice**

At APR, we work in cooperation with the Retreat Association, the national umbrella body for retreats in the UK, and we are the largest of their Founding Member Groups. APR has a particular remit to represent the Anglican Church, but in fact our members come from all walks of life and all church traditions.

#### **The Retreats Handbook**

The Retreat Association's annual publication, *Retreats*, contains inspirational articles and has a comprehensive directory listing retreat centres across the UK and beyond, to help you in planning your own retreat. *Retreats* is available from book sellers, or can be ordered direct from the Retreat Association – but our members receive this resource **free** each December as a benefit of annual subscription to APR. Purchase of the current (i.e. last December's) edition is optional when you first join us.

#### **Join us at the APR to help raise awareness of the value of retreats within the church and beyond, and you will receive:**

- A posted copy of the Retreats handbook each December
- Our Spring and Autumn newsletters containing advance information on forthcoming events
- Occasional news updates from the Retreat Association – but like us, they will never pass your details on to any other person or organisation

#### **Annual Subscription Rates for APR**

The amount you pay in your first year will depend on when you join, and also on whether you wish to receive the previous December's edition of *Retreats*. Our annual subscription renewal date is 1<sup>st</sup> April, and renewal invitations are sent out with our Spring Newsletter. The current annual rates, from 1 April 2017, are:

- Individual member £25
- Concessionary rate (if on a low income) £20
- Group £30 (i.e. couple, parish etc. Includes TWO copies of *Retreats* sent to the same address).

**Optional Donations** towards the continuing development of the APR's activities are always very much appreciated. You can choose to add your gift to APR's general charitable account, or to our **Bursary Fund**, which assists people to go on retreats who might not otherwise be able to afford the whole cost. Applications for assistance from the Bursary Fund are normally made through one of our member retreat venues; please ask us for details, or see our website.

#### **Payment**

New members joining online can pay their first subscription by debit or credit card using PayPal. If you are posting us your application, please send us your first subscription by cheque (payable to the 'Association for Promoting Retreats', and we will write to you with details to arrange future payments.

*giftaid it* APR can claim the tax you have paid on part of your subscription or additional donation if you are a UK income or capital gains tax payer. Please let us know overleaf if you can help in this way.

## Application for membership of APR

### 1. Personal Details

Your preferred title: ..... Surname: .....

Forename(s): .....

Address: .....

..... Postcode: .....

Telephone: ..... Email\*: .....

*\*The APR and the RA endeavour to reduce costs (and our carbon footprints) by using email wherever possible.*

I am applying:  As an individual

On behalf of (the) ..... Group, and I agree to be its named representative

We offer, in good faith, an elective concessionary rate for individuals on low incomes. Please tick here if you qualify.

### 2. Subscription and the Retreats handbook

**EITHER a) Applying from 1 April (or at any time between 1 April and 30 November)**

I will pay the full year's subscription now for membership to next 31 March. Individual [£25] or Concession [£20] or Group [£30]. *You will automatically receive a copy of the next available edition of Retreats when it is published in December (NB we will send TWO copies for groups, to the same address)*

*If you would additionally like the current year's edition of Retreats, i.e. the one published last December, please tick here and add £7.50 to your payment for each copy.*

**OR b) Applying between 1 December and 31 March**

I will pay a donation in lieu of subscription for the remainder of the year to 31 March. *We suggest a minimum contribution of £10.00, which will allow us to send you the recently published edition of Retreats. Please increase to £17.50 if requesting two copies.*

### 3. Optional Donation

*Please complete this section only if making an additional donation to the APR.*

I am donating £..... on top of the price of the subscription/handbook, and would like my donation to either be used by the Trustees of the APR in general funds , or to be paid into the APR's Bursary Fund  (Please tick box).

### 4. Payment

Please insert the total for sections 2 and 3 above: £ ....., and enclose a cheque for this amount, made payable to the Association for Promoting Retreats.

### 5. Gift Aid

*If you are a UK Income or Capital Gains Tax Payer, and wish for the APR to reclaim the tax you have paid on your subscription or additional donation, please complete the declaration below.*

*Please note that you must pay an amount of income tax and/or capital gains tax for each tax year (6 April one year to 5 April the next) that is at least equal to the total amount of tax that ALL the charities of Community Amateur Sports Clubs (CASCs) your Gift Aid will reclaim on your gifts for that tax year.*

*If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return, or ask HM Revenue and Customs to adjust your tax code.*

#### **Gift Aid Declaration to: ASSOCIATION FOR PROMOTING RETREATS (Registered Charity no. 222458)**

*Please tick all the applicable boxes below*

Yes, I am able to Gift Aid

No, I am unable/choose not to Gift Aid

I am the Gift Aid donor, and my name and address are as shown in Section 1

I confirm I have paid or will pay an amount of Income and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year.

I understand that

- Other taxes such as VAT and Council Tax do not qualify
- The APR will reclaim 25p of tax on every £1 that I give

I confirm that the APR should treat as Gift Aid donations all qualifying gifts of money made on the date of

This payment only, or  this, and future payments (please tick correct box)

**Date:** ..... **Signature:** .....

*We ask you to notify the APR Office if you a) want to cancel this declaration, b) change your name or home address, or c) no longer pay sufficient tax on your income and/or capital gains.*